



Monte Rosa Old Age Home
Sip & Paint with Lunch

8 August 2026

Hosted by Friends of Monte Rosa

History - Friends Of Monte Rosa

- The *Friends of Monte Rosa* is a heartfelt initiative started by Mrs Wessels' family members and close friends, with the aim of bringing joy, connection, and meaningful experiences to the residents of Monte Rosa Old Age Home. What began as a small group has since grown into a vibrant community of volunteers, now proudly including members of the Monte Rosa staff.
- This Sip & Paint event marks the **second event** hosted by the group for the residents. Following the overwhelming success of last year's *Disco Matinee*, it became clear that there was a strong desire for more opportunities to engage, celebrate, and create special memories together.
- The enthusiasm from residents and the heartfelt appreciation shown after each event continue to inspire the *Friends of Monte Rosa* to host similar initiatives more frequently. These moments of connection truly make a meaningful impact.
- We warmly encourage anyone who would like to get involved to join the **Friends of Monte Rosa WhatsApp group**, contribute ideas, and be part of creating more unforgettable experiences for our residents.

Sip & Paint Program

- **12:00 – Residents Arrive**
- Residents shown to their tables
- 2 volunteers assigned per table (6 residents per table)
- Snacks placed on tables
- Background music playing
- Warm Welcome by Mr Smit
- **12:30 – Collect Paint Kits**
- Assist residents with setup
- Ensure drinks are served from the Mocktail Bar
- **12:30 – 13:30 – Sip & Paint Session**
- Guided creative painting session
- **13:30 – 14:00 – Live Singer Performance with band**
- Entertainment for residents to enjoy
- **15:00 – Lunch Served**
- Volunteers to assist residents in collecting meals
- Ensure smooth service from serving area
- **16:00 – 16:30 – Care packs handed to residents as they exit the hall**

Before Residents Arrived



MONTE ROSA
— OLD AGE HOME —

Sip & Paint

DRINKS MENU



FANCIFUL FRUIT PUNCH
Chilled Cappy Breakfast Blend
combined with Sprite



BLUEBERRY BOMB
Blueberry cordial combined
with Schweppes Lemonade



SCHWEPES PINEAPPLE COCONUT



SCHWEPES POMEGRANATE



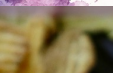
SCHWEPES TANGERINE



PEACH & APRICOT JUICE



TEA



COFFEE

Thank you for being
part of our special day!



The Residents Arrival



The Residents Arrival



Sip & Paint



Sip & Paint



Sip & Paint



Residents Enjoying the Music



Residents Enjoying the Music



Lunch is served



Lunch is served



Each resident received a care pack as they left



Special Thanks

VOLUNTEERS

Sharnel
Danté
Jessica
Kelsey
Antoinette
Zanele

Zoe
Michaela
JD
Vanessa
Dominique

Deborah
Mzi
Ghianna
Ramona
Lulama

DJ – Faizel and friend

Catering – Leighton's Spit and Braai

Dessert – Alison, Rainbow of Hope

Photography – Martie Van Tonder

Singer – Reese Martin and her band

Paint kits – Zaffy's Stone World & Crafts

Cupcakes – Beverley Wessels

Care pack sweets – Claire, Ark Provisions

Care pack Coke - Wade

Oral care pack – Invodent

Special Thanks

We would like to extend our heartfelt thanks to each and every business, individual, volunteer, and staff member who contributed to the success of the Monte Rosa Sip & Paint event.

Your generosity—whether through discounts, donations, or giving of your valuable time—played an essential role in creating a truly special day for the residents of Monte Rosa Old Age Home. Because of your support, the event was filled with joy, creativity, laughter, and meaningful moments that will be remembered for a long time.

To our incredible volunteers, thank you for your energy, kindness, and hands-on support throughout the day. Your willingness to serve and engage with the residents brought warmth and life to every moment.

To the dedicated Monte Rosa staff, your continuous care, assistance, and commitment ensured that everything ran smoothly. Your support behind the scenes and on the day made a significant difference.

It is through partnerships and teamwork like this that we are able to bring happiness and connection to our elderly community. Your kindness and willingness to give back have not gone unnoticed, and we are truly grateful to each and every one of you. Thank you for being part of something so meaningful and for helping us make a real difference.

With sincere appreciation,
Friends of Monte Rosa



THANK YOU

